1. Know your tripod

2. Leg Extension and Closing
   As shown in Figure 2, twist the rubber leg locks about 180 degrees in a clockwise direction ("a"), adjust the legs to the desired length ("b") and tighten the rubber leg locks by turning them in a counter-clockwise direction ("c"). Tighten the legs from biggest to smallest tube. Loosen the legs from smallest to biggest tube. For fast setup, grasp all rubber leg locks in your right hand, twist 180 degrees in a clockwise direction, release the leg locks and let the legs extend. Tighten each leg lock by turning in a counter-clockwise direction.

3. Leg Angle Adjustment
   To meet requirements to shoot on uneven terrain, each leg can be adjusted to three different positions. While holding the Center Column, place your thumb on the Leg Angle Lock and push the leg slightly towards the Center Column. While pressing the lower part of the Leg Angle Lock ("a"), you can adjust the leg to the second or third position. There is no need to press the Leg Angle Lock when moving from the wider to narrower angle.

4. Macro shooting
   Remove the Hook from the bottom of the Center Column by turning in a clockwise direction until the Hook unscrews, loosen the Center Locking Collar and lift out the long Center Column. Replace with the short Center Column and adjust the position of tripod legs to the widest angle by pushing in the Leg Angle Locks. This allows you to easily do low angle and macro-photography.

5. Center column height adjustment
   Place the tripod on the floor, loosen the Locking Collar by turning in a counter-clockwise direction ("a") and adjust the Center Column to the desired height ("b"). Retighten the locking collar by turning in a clockwise direction ("c").

6. Inverting the Center Column
   Remove the Hook from the bottom of the Center Column, loosen the Center Locking Collar ("c") and lift out the Center Column ("d"). Put the Center Column in from the bottom ("e") adjust to the desired height and retighten the Locking Collar. If you wish, you can re-attach the Hook.
   Caution: Do not keep camera attached while reversing the Center Column.
   ※ Make sure the channel in the Center Column matches the key in the tripod. Twist the Center Column if necessary.
7. Hook
At the bottom of the Center Column is a Hook that allows you to hang additional weight (sand bag, camera bag, etc.) under the tripod for added stability.

8. Inverting the tripod legs for storage
Close and lock all of the legs. Loosen the Center Column Lock, raise the Center Column to its highest position and realign the Center Column Lock. Press and hold the Leg Angle Lock ("a") and fold the leg up 180 degrees ("b").

9. Final Locking
After properly adjusting the tripod, use the allen wrench to tighten the locking screw ("a" and "b") on the Center Column for maximum stability and on the mounting base (when a tripod head is attached) to prevent the head from coming loose unexpectedly.

Attention:
- Do not exceed the recommended load limit of the head and/or tripod. (Please refer to product specifications.)
- Please make sure that the locks are securely tightened when in use.
- This product should not be used in environments that exceed the following conditions (-40 ~ +100°C/-40 ~ +212°F). And, when used in damp, dirty or dusty environments, please clean and dry thoroughly after use, to assure proper functioning in the future. It is not recommended to expose this product to saltwater. If exposed, please clean with mild soap and warm water and towel dry.
- Please keep from high-temperatures and direct exposure to bright sunlight for extended periods of time.
- Please do not leave the equipment alone in a public place, which can be an inconvenience or hazard to others.
- To protect your camera gear, please remove it from the tripod/ball head when transporting from place to place.
- Please use a soft towel with warm water and mild soap to clean the locking system and sliding parts when necessary. Towel dry before storing the tripod.
- Under most situations, there is no need to lubricate any parts of this product. The addition of most lubricants will gum up the mechanisms and reduce their normal gliding characteristics. Please call or email us if you have any questions or special needs.
- Please keep this product away from all electrical power sources.

CAUTION
Please remove the camera from the tripod when changing the position of the tripod. Do not place the tripod, with camera attached, over your shoulder or carry the tripod horizontally by the legs. Strong shaking may cause damage of the screw in the mounting plate and/or the camera. Please extend the legs from the biggest tube to smallest tube, close the legs from the smallest tube to biggest tube, to avoid leg joint bushing damage.

Specifications are subject to change without notice.